✦ ✦ ✦

GLIMPSES OF

ALLAH'S MERCY

peace for the heart, stillness for the soul

✦ ✦ ✦

Mohammad Mujeeb

Delhi, India • 19 August 2026

GLIMPSES OF ALLAH'S MERCY

Chapter One: Allah's Mercy — An Introduction to His Attributes

The greatest attribute of Allah is His mercy. Almost every chapter of the Qur'an — all but one — opens with "Bismillah ir-Rahman ir-Raheem": in the name of Allah, the Most Gracious, the Most Merciful. This constant repetition is itself proof that mercy is the defining quality of His being.

The Qur'an tells us that Allah has made mercy binding upon Himself. A sacred narration (hadith qudsi) states that His mercy prevails over His wrath. This single principle underlies the whole of Islam: Allah's relationship with His creation begins at the door of mercy, and only afterward — and only as a last resort — does the door of punishment ever open.

The Names of Allah Connected to Mercy

- Ar-Rahman — the One whose mercy encompasses the entire universe, believer and disbeliever, righteous and wrongdoer alike (mercy in general).
- Ar-Raheem — the One who reserves a special mercy for the believers in the Hereafter (mercy in particular).
- Al-Ghafoor — the Endlessly Forgiving, who veils and pardons sin.
- Al-Wadud — the Loving, who holds deep affection for His servants.
- At-Tawwab — the One who accepts repentance again and again, however many times a servant returns.
- Al-Haleem — the Forbearing, who does not seize in haste but grants time.
- Al-Lateef — the Subtle, who tends to His servants' affairs with a gentleness they rarely perceive.
- Al-Kareem — the Generous, who never withholds out of miserliness.

Together these attributes paint a picture very different from a harsh or fearsome deity. They describe a Lord who is deeply kind, endlessly forgiving,

and who — as the hadith tells us — loves His servant more than seventy mothers love their children.

Chapter Two: Allah's Mercy in Every Aspect of Life

Allah's mercy is not confined to any single sphere — it operates in every corner of human life. Consider a few examples:

In Physical and Material Life

Every breath, every heartbeat, the circulation of blood, the light entering the eyes — all of this is given without any price asked in return. The provision of sustenance, the falling of rain, the fertility of the earth: these are manifestations of Allah's general mercy, extended to every living being whether it gives thanks or not.

In Spiritual Life

That the door of repentance remains open after sin, that a single good deed is multiplied ten to seven-hundred fold while a bad deed is repaid only in equal measure, that prayer, supplication, and remembrance offer a direct line to Allah — all of this belongs to the same system of mercy.

In Emotional and Psychological Life

Verses that settle an anxious heart, the patience granted in hardship, the joy that follows sorrow — these are the aspects of Allah's mercy that reach into the deepest places of the human heart.

In Social and Family Life

A parent's love, the affection and mercy between husband and wife, the gift of children, the companionship of friends — the Qur'an specifically describes the marital bond as one of "mawaddah wa rahmah," love and mercy, showing that tenderness within human relationships is itself a reflection of Allah's mercy.

In short, there is no moment of life untouched by Allah's mercy. The only difference is that some people notice it, and others remain heedless.

Chapter Three: Feeling Allah's Mercy in Daily Life

Feeling this mercy does not require a dramatic event. Paying attention to small things, day after day, gradually deepens the awareness. Some practical ways to begin:

- Upon waking, reflect that the night passed safely and life has been given again — this in itself is a mercy.
- Pay close attention to each bite of food and each sip of water, considering where it came from and who made it possible.
- Give thanks for everyday abilities — sight, hearing, the capacity to walk — rather than treating them as ordinary and overlooking them.
- When a difficulty resolves, however small, recognise it as help from Allah and put that gratitude into words.
- Before sleeping, take a brief account of the day — three to five things in which mercy was felt.
- While reciting the Qur'an, pause at verses about mercy and reflect on how they apply to your own life.

This practice is really a training of perception — learning to see the world through the lens of gratitude and mercy rather than complaint. The more this outlook takes root, the more every corner of daily life begins to feel illuminated.

Chapter Four: Practising the Feeling of Mercy in Positive and Negative Situations

In Positive (Joyful) Situations

When ease, success, or happiness arrives, the first response should not be pride or self-congratulation but gratitude. In practice:

- Say "Alhamdulillah" the moment success arrives, and inwardly acknowledge that it is not merely the fruit of one's own effort but a gift enabled by Allah.
- Share the joy with others — through charity, help, or kind words — so that gratitude takes on a practical form.
- Remember that every blessing is also a test of whether it will be used rightly.

In Negative (Difficult) Situations

Feeling mercy in hard times is harder — and more important. A helpful mindset:

- Trust that hardship, too, may be wrapped in mercy — atonement for past sins, elevation in rank, or protection from something worse.
- Say "Inna lillahi wa inna ilayhi raji'un" — to Allah we belong and to Him we return — acknowledging that everything belongs to Him, which brings genuine calm to the heart.
- During hardship, consider that Allah has spared you from total ruin; the situation could have been far worse.
- Continue making supplication with hope rather than despair, trusting that Allah's mercy brings relief after every hardship.

The purpose of this practice is that a person's relationship with Allah should not depend on circumstance — that in every state, joyful or sorrowful, trust in His mercy remains firm. This is the quality the Qur'an praises when it

describes the believer's affairs as remarkable: gratitude in ease and patience in hardship are both, for such a person, a source of good.

Chapter Five: How This Practice Leads to Tawheed — the Oneness of Allah

As a person continues practising the awareness of Allah's mercy, a conviction gradually takes root: that every good, every help, every deliverance ultimately traces back to Allah alone. This conviction is the very spirit of tawheed.

Tawheed is not simply the verbal declaration "there is no god but Allah" — it is the heart's certainty that benefit and harm, giving and withholding, joy and sorrow, all rest in Allah's hands. As a person begins to see Allah's hand in the smallest expressions of mercy, the heart is gradually freed from placing hope in others or bowing before creation.

- As awareness of mercy grows, one comes to understand that no person, cause, or means can act on its own — everything moves only by Allah's command.
- The habit of noticing mercy increases gratitude, and gratitude is itself an acknowledgment of Allah's oneness, since true thanks belongs only to the real Benefactor.
- In difficulty, turning to Allah alone for help — rather than to anyone or anything besides Him — is reliance (tawakkul), which is tawheed put into practice.
- As the continuous flow of mercy is felt, love for Allah deepens; and when love is directed most fully toward a single Being, this is the tawheed of love.

In this way, the feeling of mercy stops being a passing emotion and becomes a path — one that leads a person to complete certainty in Allah's being, His attributes, and His authority: the station of tawheed.

Chapter Six: How This Leads to a Peaceful Life, Here and Hereafter

When the heart becomes firmly convinced that Allah's mercy accompanies every circumstance, and when the awareness of tawheed awakens, the first fruit is peace of heart. The Qur'an tells us that it is only in the remembrance of Allah that hearts find true rest.

Peace in Worldly Life

- The weight of worry grows lighter, because a person knows the outcome rests in the hands of a Lord who is Merciful and Generous.
- Envy, greed, and the habit of comparing oneself to others diminish, since the heart is content that what one has been given accords with Allah's wisdom and mercy.
- Gentleness and forgiveness grow within relationships, because a person who recognises themselves as a recipient of Allah's mercy learns, in turn, to show mercy to others.
- Fear and despair give way to hope and trust, which benefits both mental and emotional wellbeing.

Peace in the Life to Come

For a person who lives their worldly life trusting in Allah's mercy, repenting, giving thanks, and holding on to patience and reliance, that same mercy will govern the Hereafter as well. A hadith relates that Allah's mercy has one hundred parts, of which only one part has been distributed among creation in this world — the remaining ninety-nine are reserved for the Hereafter.

In this way, the person who witnessed and felt the glimpses of mercy in this world becomes, in the next, the greatest recipient of Allah's boundless mercy — and this is the complete peace that becomes a person's destiny, in this life and the life to come.

All praise is due to Allah, Lord of all the worlds.

Mohammad Mujeeb

19 August 2026

Delhi, India